

# THE BACK 9

NEWSLETTER



## CLEARVIEW SENIORS GOLF CLUB

Vol. 10/ No. 1

Organized 1975

Spring 2011

### President's Message



The Club has just concluded the 35<sup>th</sup> season. The end of the year awards at Verdi's was great success. Thank you to Angelo

DiFlippi and Joe Salvato for putting together an enjoyable occasion, dinner, dancing and a well organized program. Congratulations to all the winners of the club championships and the President's cup. The Ironman Awards for perfect attendance had 7 winners, including Tony Yacovone, who has not missed a Wednesday in 5 YEARS! A special mention to Lou Albi, our longest tenured member for 22 years.

The fall classic was a resounding success. Lou Stovell and his committee did an outstanding job. Their pre-planning, organizing and solicitations of sponsors contributed to well run and enjoyable event.

At this time we have openings for new members to apply to the Club. If you wish to pro-pose someone, contact any Board member for an application.

All our committees welcome new ideas and suggestions. Contact the committee chairmen if you wish to offer ideas or if you might want to volunteer.

Have a healthy and happy holiday season, looking forward to opening day which will be April 6, 2011

TOM COWHEY, PRESIDENT

### Three Flight Set Up is in for 2011

It has been decided that there will be three flights this season. All flights will be set up in handicap order as followed: Flight A 0-21, Flight B 22-29 and Flight C 30-39. Everyone must hit from the white tees. The main problem for eliminating Flight D resulted from poor participation in the year end Club Championship and the Presidents Club. Our records showed that not all members that qualified for either of the playoffs committed to the three day or two day play-offs. Subsequently some members defaulted leaving a void in final winning positions. The handicap and Flights roster is being

prepared and can soon be viewed on the web site (refer to web page—Handicaps).

At this time the Board has not come up with a format for the coming season and the championship rounds. Since the D Flight has been eliminated the prize money saved from the prize fund will be distributed into Flights A, B and C. The prize funds are still being worked on and will be announced at a later date.

#### Tournaments, Prizes & Tidbits

**Green Fees** rates for 2011 have not been announced by the city at this time.

**Closest to the pin** will continue every week on the

following par threes: on the front, hole 7 and on the back, hole 12 with a \$5.00 prize going to the winners.

If a member is closest to the pin on both holes on the same day he will receive two prizes. One second place prize will go to the closest distance between the two holes.

**Tournaments** Spring and Fall tournaments are in the works and will be announced shortly.

**Weekly Check-in** time span for reporting in will be from 6:00 am to 7:30 am

**Calendar of Events** is being prepared with all the activities for the coming season and will be posted on our web site.

### Excerpts from Ernie Els Book 'Guide to Golf Fitness'

#### TAILORED TO YOUR NEEDS—

*Consider what you want your body to accomplish and gradually, and intelligently, devise a fitness program that will get you there. Don't hurt yourself; train your self. Give yourself time, make your workouts fun, then count down the pounds and the handicap.*

#### FLEXIBILITY—*Stretch for Success*

*Whatever it takes, this is important. Without suppleness and torque, all you will do is punch the golf ball. For rhythm, rotation, and results, you need to be flexible. Stretching, especially as we age, is crucial. So whatever it takes—the gym, yoga, massage—you have to dedicate yourself. Be limber, be loose—you have no excuse.*

#### NUTRITION—

*Eat smart, exercise properly, and your stamina and concentration on the golf course will be improved.*

Always eat breakfast—even if it's just a protein bar as you are walking out the door.

Don't arrive at the course too hungry or too full.

Eat small, healthy snacks (sports drinks, nutrition bars) during your round to stabilize your blood sugar.

Drink lots of water (8 glasses a day), especially when playing.

Avoid foods with high sugar content while on the course. Candy and soda will give you a kick, but will result in low blood sugar levels and will leave you fatigued and unfocused.



## OPENING DAY...WEDNESDAY, APRIL 6TH, 2011



### EXECUTIVE OFFICERS

Thomas Cowhey, *President*  
 John Yacovone, *Vice-President*  
 Llewellyn Stovell, *Secretary*  
 Joseph Salvato, *Treasurer*

### BOARD OF GOVERNORS

James Aikens  
 Angelo DiFilippi  
 Joseph DiMaggio  
 Thomas Giudice  
 Daniel O'Donnell  
 Michael Pirone  
 Anthony Rivera  
 Francis Savarese  
 Frank Simone  
 Salvatore Tobacco  
 Leroy Wade  
 Anthony Yacovone  
 Stephen Savva, *1st Alternate*  
 Joseph LaRocco, *2nd Alternate*  
 William Doyle, *Ex-Officio*  
 Joseph Valenza, *Ex-Officio*

### COMMITTEE CHAIRMEN

Audit  
 Michael Pirone  
 Awards Dinner  
 Angelo DiFilippi  
 Good & Welfare  
 James Aikens  
 Grievance  
 Daniel O'Donnell  
 Handicaps  
 Frank Simone  
 Membership  
 Francis Savarese  
 Outings  
 Salvatore Tobacco, &  
 Joseph DiMaggio, *Gen. Co-Chairmen*  
 Angelo DiFilippi  
 Anthony Yacovone  
 Sergeant at Arms  
 James Aikens  
 Tournaments  
 William Doyle, &  
 Leroy Wade, *Gen. Co-Chairman*  
 Anthony Rivera  
 Lou Stovell  
 Stephen Savva &  
 Anthony Rivera  
 Michael Pirone

### EDITOR

Joseph Valenza



**GOD BLESS AMERICA**

# SHAWNEE INN AND GOLF RESORT

Monday, May 23, 2011  
**\$110**

Includes: Bus Transportation...Continental Breakfast...Green Fee and Cart...  
 Shot Gun Start...Tournaments and Prizes...Dinner, Dessert, Beer, Soda, Coffee and Tea

# SHAWNEE INN & GOLF RESORT

Monday, July 25th—Friday, July 29th, 2011

Three Gourmet Meals Daily • Unlimited Golf With Free Carts • Two Club Tournaments (Barbeque Afterwards)  
 • Cocktail Parties • Nightly Music and Dancing • Night Club Show Each Evening  
 • Wednesday Day Trip To Mt. Airy Lodge & Casino

## Proposed Budget 2011

Following is the proposed budget for the 2011 season which will be presented at the next Board of Governors meeting for approval. Should you have any questions regarding the budget please present them to one of our officers so that it can be addressed at the next meeting.

<b>Income :</b>		<b>%</b>
Annual Membership Dues ( 80 )	\$ 8,800.00	86.70%
New Membership Dues (10)	\$ 1,350.00	13.30%
<b>Total Annual Membership Dues</b>	<b>\$10,150.00</b>	<b>100.00%</b>
<b>Expenses:</b>		
Annual Members Luncheon	\$ 1,300.00	12.81%
Awards Dinner & Dance:		
Band-John Weber	\$ 300.00	
Members Cost for Dinner & Dance	\$ 3,200.00	
Awards Dinner & Dance-other	\$ 250.00	
<b>Total Awards Dinner &amp; Dance</b>	<b>\$ 3,750.00</b>	<b>36.95%</b>
Bank Service Charges	\$ 30.00	0.30%
Board of Governors Luncheon	\$ 450.00	4.43%
Board of Governors Meetings	\$ 320.00	3.15%
General Membership Meeting	\$ 250.00	2.46%
Club Awards:		
Championship Awards	\$ 1,600.00	
Presidents Club Awards	\$ 1,050.00	
Weekly Closest to the Pin	\$ 320.00	
Special Tournaments	\$ 500.00	
<b>Total Club Awards</b>	<b>\$ 3,470.00</b>	<b>34.19%</b>
New Members Shirts & Hats	\$ 260.00	2.56%
Good & Welfare	\$ 50.00	0.49%
Office Supplies	\$ 70.00	0.69%
Postage	\$ 100.00	0.99%
Miscellaneous-Gratuities	\$ 100.00	0.99%
<b>Total Expense</b>	<b>\$ 10,150.00</b>	<b>100.00%</b>
<b>Net Income</b>	<b>\$ —</b>	<b>0.00%</b>

### *Golf Stories...*

A golfer teed up his ball on the first tee, took a mighty swing and hit his ball into a clump of trees. He found his ball and saw an opening between two trees he thought he could hit through. Taking out his 3-wood, he took a mighty swing. The ball hit a tree, bounced back, hit him in the forehead and killed him.

As he approached the gates of Heaven, St. Peter asked, "Are you a good golfer?"

The golfer replied, "Got here in two, didn't I?"

A gushy reporter told Phil Michelson, "You are spectacular. Your name is synonymous with the game of golf. You really know your way around the course. What's your secret?"

Michelson replied, "The holes are numbered"

Police are called to an apartment and find a woman holding a bloody 5-iron standing over a lifeless man. The detective asks, "Ma'am, is that your husband?"

"Yes" says the woman.

"Did you hit him with that golf club?"

"Yes, yes, I did." The woman begins to sob, drops the club, and puts her hands on her face.

"How many times did you hit him?"

"I don't know, five, six, maybe seven times. Just put me down for a five."

### **KNOW OF A PERSPECTIVE MEMBER**

FOR APPLICATION FORMS  
 CALL FRANK M. SAVARESE,  
 MEMBERSHIP CHAIRMAN

**1-718-423-7693**

RESPECTFULLY SUBMITTED BY: JOE SALVATO, TREASURER